

FOR IMMEDIATE RELEASE:

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Boston Marathon PodCast on the Run Internet radio host to feature 112th Boston Marathon.



Oxford, MA. - “**Phedippidations**”, the internet radio show for runners, will present a series of audio programs in the month of April, 2008 covering the history, heroes and experiences of the Boston Marathon.

Show host Steve “Runner” Walker, from Oxford Massachusetts, has been producing his “[Peoples Choice PodCast Award](#)” winning radio show since July of 2005, with over 130 hour-long episodes including his running of the 110th and 111th Boston Marathons.

“This is the world’s oldest annual Marathon and one of the most prestigious of all road races” said Steve, “I look forward to bringing the experience of running Boston to my listeners, from the perspective of a middle of the pack runner.”

In April, Phedippidations will present four episodes on the subject of the Boston Marathon:

Episode #136, April 6th: “**Running Legend Katherine Switzer**”, a biographical episode about the woman who challenged the all-male tradition of the Boston Marathon, and became the first woman to officially enter and run the race.

Episode #137, April 13th: “**The 2008 State of the Course**” recorded as Steve runs the course in preparation for race day. He’ll describe the race route, discuss some of the history of the event and give tips on what to look for on Marathon Monday.

Episode #138, April 20th: “**The Great Race of 1983**”, one of the most exciting Boston Marathons featured exceptional performances by Greg Meyer, Joan Benoit and Jim Knaub and was one of the greatest races of all time. In learning about the 1983 Boston Marathon you will come to understand why Boston is the world’s greatest road race.

And then, on April 27th, Episode #139 will feature “**The 112th Boston Marathon**” recorded as Steve runs the 26.2 miles from Hopkinton Massachusetts to downtown Boston.

Listeners will be able to track Steve “live” while he’s running the race. A computer chip that he’ll be wearing will trigger sensors along the course which will report his location.

Real time photos of the event will be uploaded, live, to a special “[Flickr.com](#)” photo website so that listeners can see what Steve is seeing, and real time textual status reports will be uploaded to Steve’s “[Twitter.com](#)” account to give listeners a sense of his progress.

“I want everyone who listens to Phedippidations to run this race with me” says Steve “Through the internet and [my website](#) anyone can join me on the road to Boston”.

Access to all of these tracking features will be available at [SteveRunner.com](#).

Phedippidations can be downloaded for free at “[SteveRunner.com](#)” or subscribed for automatic download via iTunes in the “Sports & Recreation” podcasts category.

For more information to or to contact Steve for interviews, go to www.SteveRunner.com

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